



This
is the way
the world looks
to someone
losing their sight
to **diabetes.**

**Do you know diabetes is the
number one cause of blindness?**

A simple eye exam can protect your sight. And
if you have diabetes, the exam is covered by most
health plans.

**But most people with diabetes
fail to have their eyes checked on
a regular basis.**

Which means they may one day see spots, haze,
or nothing at all.

**If you have diabetes, see an eye doctor.
And keep seeing life.**



American Association of
HEALTH PLANS



**American
Diabetes
Association®**

Cure • Care • CommitmentSM



**THE FOUNDATION
OF THE AMERICAN ACADEMY
OF OPHTHALMOLOGY**