



New Mexico Health Care TAKES ON DIABETES 2004-05 FACT SHEET

BACKGROUND

NMHCTOD is coalition that began in 1999 under the national Taking on Diabetes initiative of the American Association of Health Plans (AAHP) and the American Diabetes Association. Coalition members include all the New Mexico Health Plans, the New Mexico Department of Health, the New Mexico Medical Review Association, local health agencies, and medical and professional societies. Initial funding sources were provided by AAHP, its corporate sponsors for Taking On Diabetes (TOD), and the Commonwealth Fund for technical and administrative assistance.

MISSION

To serve as a public-private coalition that improves the health of New Mexicans who have diabetes and reduces the economic toll of the diabetes epidemic by: (1) coordinating and integrating the activities of public and private diabetes organizations; (2) maintaining a statewide diabetes practice guideline; (3) serving as a statewide developer, clearinghouse, and fulfillment center for current, practical resources related to the education, detection, treatment, and ultimately prevention of diabetes in New Mexico; and (4) providing measurement of the status of New Mexico diabetes care and outcomes.

PARTICIPANTS

Albuquerque Indian Health Service	New Mexico Diabetes Advisory Council
American Diabetes Association New Mexico and El Paso Area	New Mexico Hispanic Medical Association
American Diabetes Association	New Mexico Hospitals and Health Systems Association
American Heart Association—New Mexico	New Mexico Human Services Department, Medical Assistance Division
Blue Cross and Blue Shield of New Mexico and HMO New Mexico	New Mexico Medical Review Association
Hidalgo Medical Services—La Vida Diabetes Program	New Mexico Medical Society
Lovelace Clinic Foundation	New Mexico Optometric Association
Lovelace Health Plan	New Mexico Primary Care Association
Lovelace Sandia Health Systems	New Mexico Public Health Association
Molina Healthcare of New Mexico	Presbyterian Health Care Services
New Mexico Academy of Family Physicians	Presbyterian Insurance Company
New Mexico Chapter American College of Physicians	University of New Mexico Health Sciences Center
New Mexico Department of Health	Zia New Mexico Association of Diabetes Educators (ZADE)

ACTIVITIES and ACCOMPLISHMENTS

- ❖ Developed the first statewide diabetes practice guideline accepted by all major health plans and diabetes care providers, and developed a new version of this guideline written for the layperson
- ❖ Conducted more than 20 educational presentations per year
- ❖ Developed a quarterly peer reviewed collection of diabetes care resource materials on topics including - diabetic retinopathy, A1C, blood pressure, cholesterol, diabetic nephropathy, foot care and diet along with additional resources for clinicians caring for people with diabetes
- ❖ Used audited HEDIS® methodology to show statewide improvement in diabetes care on average 5 - 15% over baseline
- ❖ Was awarded a competitively bid State contract for the production of diabetes care improvement materials and conducting focus groups throughout New Mexico; successfully completed all statewide focus groups
- ❖ Received national recognition for community partnerships and from the Blue Cross and Blue Shield Association

CURRENT ACTIVITIES

- ❖ Distributing the 2005 Diabetes Practice Guideline to nearly 5000 health care providers in New Mexico, and conducting a series of educational presentations about the guideline.
- ❖ Producing the 2005 edition of Diabetes Resources, a quarterly, peer-reviewed collection of diabetes care resource materials.
- ❖ Maintaining a web site where all materials can be reviewed or downloaded for free (www.nmtod.com)
- ❖ Conducting quarterly meetings New Mexico's diabetes related organizations to keep members of the coalition informed and providing a forum for them to coordinate activities